

# Effectively Coaching and Developing Your Team

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## Course duration/times

Two Days

## Why attend?

Gaining a greater understanding of how people learn and the process of one-on-one coaching, with the correct knowledge, will dramatically develop any team and equip them with the necessary skills they need to perform their roles.

## Who should attend?

- Team leaders
- Supervisors
- Managers

## Topics covered

- Welcome and introductions
- Identify time stealers
- How people learn
- Learning styles
- What is coaching?
- Benefits of coaching?
- Process of effective coaching?
- Practice session
- One on one live 15 minute coaching sessions
- Course review and evaluation

## Effectively Coaching and Developing Your Team *continued*

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By the end of the course, delegates will be able to:

- Identify different learning styles to enable them to choose the most appropriate style of learning for their individual team members
- Understanding the process of one-on-one coaching to further develop team members' core competences
- Demonstrate their understanding by delivering a 15 minute one on one coaching session to the group

### Extra encouragement

Structured, informative and interactive: this course gives you all the skills you will need to plan and deliver a personal coaching session.